



## APPLICATION FOR PERMANENT DISABILITY

**Please read this section and the Fund's brochure on disability benefits before completing your application form.**

1. If you previously received a disability benefit from Sentinel Retirement Fund, Mine Officials Pension Fund and or Mine Employees Pension Fund, you will not be able to apply for a disability benefit for the same medical condition, impairment or occupation as previously awarded.
2. Please complete all applicable information.
3. The specialists, medical practitioner and occupational health medical practitioner (mine doctor) must read the guidelines.
4. Your employer must complete the declaration and the leave record.
5. Your medical practitioner must complete the attached medical declaration.
6. Your union or human resources department should be able to assist you with the following Acts and the implication thereof with regard to your disability.
  - The Labour Relations Act (1995)
  - The Employment Equity Act (1998)
  - Code of Good Practice : Key Aspects on the Employment of People with Disabilities (2002)
  - The Promotion of Equality and Prevention of Unfair Discrimination Bill.
7. Attached to the application form is a guideline for the specialist/physician to utilize should the assessment team request more reports.

**The following documentation MUST accompany your application (Please tick each item indicating if it is included)**

- |     |   |                          |
|-----|---|--------------------------|
| 1.  | A completed retirement benefit application and nomination form.   | <input type="checkbox"/> |
| 2.  | A declaration by your employer (included in the application form).  | <input type="checkbox"/> |
| 3.  | A detailed job description in respect of your last occupation.  | <input type="checkbox"/> |
| 4.  | A declaration by the Medical Officer at the employer (included in the application form).  | <input type="checkbox"/> |
| 5.  | A medical certificate completed by a medical doctor who is currently treating, or who has previously treated you (included in the application form).  | <input type="checkbox"/> |
| 6.  | Two specialist reports with up to date functional information.  | <input type="checkbox"/> |
| 7.  | Any medical reports in your possession relevant to the claim. <b>PLEASE NOTE that additional reports applicable to your disability can be requested from you after your application has been screened by the Assessment Team.</b> | <input type="checkbox"/> |
| 8.  | A copy of your updated record of service.   | <input type="checkbox"/> |
| 9.  | All relevant RMA and/or Medical Bureau documents.   | <input type="checkbox"/> |
| 10. | A copy of your most recent certificate of fitness (if discharged, a certificate of your exit medical examination).  | <input type="checkbox"/> |



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### A. PERSONAL DETAILS

Industry Number										Reference Number										
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
Title			Initials			Surname														
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Identity Number										Passport Number										
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
Country Where Passport Was Issued										Gender (Please tick block)				Date Of Birth (YYYYMMDD)						
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Male <input type="checkbox"/>	Female <input type="checkbox"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	

### ADDRESS DETAILS

POSTAL ADDRESS																			
P O Box Number					Suburb, City or Town					Postal Code									
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
RESIDENTIAL ADDRESS																			
Street Number					Street Name														
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Suburb, City or Town										Postal Code									
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

### CONTACT DETAILS

Home Tel No.	Code	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Work Tel No.	Code	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Fax No.	Code	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Cell No.		<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
E-Mail.		<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	

### FRIEND / RELATIVE DETAILS

Title			Initials			Surname														
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Telephone No	Code	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### B. DETAILS OF MEDICAL CONDITIONS

#### DETAILS OF YOUR GENERAL PRACTITIONER

Initials and Surname	<input type="text"/>	Telephone Number	<input type="text"/>
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#### DETAILS OF YOUR SPECIALIST/PHYSICIAN

Initials and Surname	<input type="text"/>	Telephone Number	<input type="text"/>
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Please state the nature of injuries, illness or any other causes of your disability:	<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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Please describe the symptoms you experience and how they affect your ability to perform your occupational duties:
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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On what date did the symptoms of the disability start?	<input type="text"/>
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From what date have you been totally disabled and unable to perform your normal occupational duties?	<input type="text"/>
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Which of your normal duties <u>are you able</u> to perform?	<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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Which are you <u>not able</u> to perform?	<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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Are you able to manage your daily activities or to care for your personal needs? (Please tick block)	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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If no, what can you not do?	<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### C. EMPLOYMENT DETAILS

Date of entry into the mining industry (YYYYMMDD)

Current/Previous Employer

Current/Previous Occupation

Department/Division

If you are a non-contributory member of the Fund please state your occupation at the time you became a non-contributory member:

Occupation for which you are applying to be found permanently disabled:

Are you still employed? (Please tick block) Yes  No  If no, date of discharge

Reasons for discharge

Has your employer prior to discharge offered you alternative employment? (Please tick block) Yes  No

If yes, what position was offered?

If not, reason why alternative employment was not offered?

Have you been transferred/placed on light duties due to your illness/medical condition? (Please tick appropriate block)

Never  Temporary  Permanent

Date of transfer/placed on light duty  Occupation after you were transferred or while on light duty?

Have you applied for any other work? (Please tick appropriate block) Yes  No

Future occupation, should you be found permanently disabled?

### D. JOB REQUIREMENTS

Describe your main functions or duties:

#### WORK ENVIRONMENT:

Environment (Please tick block)	Hours Per Day	Environment (Please tick block)	Hours Per Day	Environment (Please tick block)	Hours Per Day
Office	<input type="checkbox"/> <input type="checkbox"/>	Plant	<input type="checkbox"/> <input type="checkbox"/>	Underground (Developing)	<input type="checkbox"/> <input type="checkbox"/>
Laboratory	<input type="checkbox"/> <input type="checkbox"/>	Workshop	<input type="checkbox"/> <input type="checkbox"/>	Underground (Stopes)	<input type="checkbox"/> <input type="checkbox"/>
Other	<input type="checkbox"/> <input type="checkbox"/>	Production	<input type="checkbox"/> <input type="checkbox"/>	Underground (Shaft)	<input type="checkbox"/> <input type="checkbox"/>



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### D. JOB REQUIREMENTS (CONTINUED)

Specify other:

Specify the physical demands of your job: (Please tick appropriate block)

Physical Demands	Hours Per Day		Physical Demands	Hours Per Day		Physical Demands	Hours Per Day	
Standing	<input type="checkbox"/>	<input type="checkbox"/>	Sitting	<input type="checkbox"/>	<input type="checkbox"/>	Climbing inclines	<input type="checkbox"/>	<input type="checkbox"/>
Walking over even surfaces	<input type="checkbox"/>	<input type="checkbox"/>	Squatting	<input type="checkbox"/>	<input type="checkbox"/>	Crawling	<input type="checkbox"/>	<input type="checkbox"/>
Walking over uneven surfaces	<input type="checkbox"/>	<input type="checkbox"/>	Climbing stairs	<input type="checkbox"/>	<input type="checkbox"/>	Lifting of heavy objects	<input type="checkbox"/>	<input type="checkbox"/>

If you are lifting heavy objects, specify weight and type:

Specify any other requirements that can be attributed to your job (e.g. endurance, supervisory tasks, decision-making etc.)

Specify functions or duties of your work, which you cannot do:

Describe the environmental factors which may have a negative impact on your ability to perform your regular duties (i.e noise, pressure differences, high or low temperatures, dust, etc):

Reasonable accommodations (changes/adjustments) your employer implemented to modify your work (i.e work schedules) and/or work environment.

Did your employer make any reasonable changes to modify your working environment or job functions to enable you to perform your job? (Please tick block)

Yes  No

Describe:



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### D. JOB REQUIREMENTS (CONTINUED)

Reasons why the reasonable accommodations (changes/adjustments) were unsuccessful:

### EDUCATIONAL DETAILS

Highest standard passed   School                Year

ALL TRAINING (Courses attended, certificates, diplomas, degrees, etc.)

Qualifications	Institution	Year
<input type="text"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
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<input type="text"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>

Years experience in own occupation:   Years

Specify any other experience in alternative occupations:



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### E. INFORMATION REGARDING THE MEDICAL BUREAU FOR OCCUPATIONAL DISEASES (Only applicable if your claim is related to a compensatable lung disease)

**VERY IMPORTANT**  
 • If you suffer from a compensatable disease, a letter from the Medical Bureau confirming this must be provided.  
**THE CLAIMS COMMITTEE CANNOT CONSIDER YOUR APPLICATION WITHOUT THIS INFORMATION**

Bureau number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Expiry date	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Date of last benefit examination	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Have you been certified to be suffering from a compensatable disease? (Please tick appropriate block)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
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If YES, to what degree?	<input type="checkbox"/>	1st	<input type="checkbox"/>	2nd
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Do you suffer from any other lung disease?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
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Please Specify:	<input type="text"/>
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	

### F. MINE ACCIDENT

**INFORMATION REGARDING RAND MUTUAL ASSURANCE (Only applicable if you ever had an injury on duty. It must be relevant to the condition that caused your disablement which prevented you from performing your own and similar occupations. Please complete from your own records.)**

**VERY IMPORTANT**  
**A copy of a letter from Rand Mutual Assurance confirming this information must be provided.**  
**THE CLAIMS COMMITTEE CANNOT CONSIDER YOUR APPLICATION WITHOUT THIS INFORMATION**

Date of accident	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Place of accident (Mine)	<input type="text"/>
Date of accident	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Place of accident (Mine)	<input type="text"/>
Date of accident	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Place of accident (Mine)	<input type="text"/>

Type of claim: (Please tick appropriate block)	Noise induced hearing loss	<input type="checkbox"/>
	Dermatitis	<input type="checkbox"/>
	Other	<input type="checkbox"/>

Description of claim (what happened?)	<input type="text"/>
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### F. MINE ACCIDENT (CONTINUED)

Nature of injuries (provide a full breakdown)

Was the accident reported to your employer? (Please tick block) Yes  No

If not, why?

Has Rand Mutual Assurance accepted liability? Yes  No

Has Rand Mutual Assurance finalised the claim? Yes  No

If not, when will the claim be finalised?

Claim Number  The percentage of permanent disablement awarded?    %

Date when this was awarded: (YYYYMMDD)

Date when award was paid to you: (YYYYMMDD)

### G. INFORMATION REGARDING THE COMPENSATION COMMISSIONER

Only applicable if you ever had an injury on duty at an employer who does not belong to Rand Mutual Assurance.

**\*VERY IMPORTANT**  
**A copy of a letter from the Compensation Commissioner confirming this information must be provided.**

**THE CLAIMS COMMITTEE CANNOT CONSIDER YOUR APPLICATION WITHOUT THIS INFORMATION**

Date of accident  Place of accident

Description of accident

Has the Compensation Commissioner accepted liability?  Yes  No

Has the claim been finalised?  Yes  No

If not, when will the claim be finalised?

Claim Number  The percentage of permanent disablement awarded?    %

Date when this was awarded: (YYYYMMDD)

Date when award was paid to you: (YYYYMMDD)





## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

**H. IN YOUR OWN WORDS, PLEASE MOTIVATE YOUR APPLICATION FOR TOTAL AND PERMANENT DISABILITY FOR YOUR OWN AND ALL OTHER SIMILAR OCCUPATIONS IN A SPECIFIC ENVIRONMENT.**


**Consent**

I, \_\_\_\_\_ (Please print initials and Surname) the undersigned, hereby give my unconditional consent that the Sentinel Retirement Fund or any person delegated by it to do so, may contact Rand Mutual Assurance Company, the Medical Bureau for Occupational Diseases, my employer, fellow employees, family members, union/association, medical officer or any other person or institution for information deemed necessary to consider my application for disability benefits. The information obtained will be treated as strictly confidential.

I understand that failure to provide such consent or supplying the relevant information on this form may prejudice my application to be found permanently disabled by Sentinel Retirement Fund.

Signed on this	<input type="text"/>	<input type="text"/>	Day of	<input type="text"/>	2	0	<input type="text"/>	<input type="text"/>	at	<input type="text"/>
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Signature



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### I. DECLARATION BY EMPLOYER (To be completed by HR Department)

This declaration is in support of a claim for disability being submitted by an employee. It provides vital information to the Disability Assessment Team of Sentinel and warrants careful consideration.

In terms of the Labour Relations Act, Basic Conditions of Employment Act and the Employment Equity Act, employers are required to provide reasonable accommodation to a disabled employee and may not discriminate against any disabled person on any grounds.

Employee's Industry Number:	Employee's last permanent position:
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input style="width: 100%;" type="text"/>
Department:	<input style="width: 100%;" type="text"/>
Section/environment where the employee performed his duties:	<input style="width: 100%;" type="text"/>
State previous positions held by employee at your company:	<input style="width: 100%;" type="text"/>
<input style="width: 100%;" type="text"/>	
Has the employee been accommodated in another position due to his medical condition? (Please tick block)	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, state position:	<input style="width: 100%;" type="text"/>
Were any reasonable accommodations (changes/modification to work) offered to the employee?	<input style="width: 100%;" type="text"/>
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
Reason, if any, why the work place accommodations were not offered or were not successful:	<input style="width: 100%;" type="text"/>
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
State the main job functions of the employee's last permanent occupation:	<input style="width: 100%;" type="text"/>
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
List the functions the employee is unable to perform:	<input style="width: 100%;" type="text"/>
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
What environmental factors with regard to the employee's job functions prohibit him from performing his duties?	
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
Describe the exact nature of the employee's profession/occupation for the last 24 months before he/she became unable to work.	
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	
<input style="width: 100%;" type="text"/>	

## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### I. DECLARATION BY EMPLOYER (To be completed by HR Department) (Continued)

#### WORK ENVIRONMENT:

Environment (Please tick block)	Hours Per Day	Environment (Please tick block)	Hours Per Day	Environment (Please tick block)	Hours Per Day
Office	<input type="checkbox"/>	Plant	<input type="checkbox"/>	Underground (Developing)	<input type="checkbox"/>
Laboratory	<input type="checkbox"/>	Workshop	<input type="checkbox"/>	Underground (Stopes)	<input type="checkbox"/>
Other	<input type="checkbox"/>	Production	<input type="checkbox"/>	Underground (Shaft)	<input type="checkbox"/>

#### IDENTIFY THE PHYSICAL ACTIVITIES THE EMPLOYEE PERFORMED DURING A TYPICAL WORK DAY (Please indicate extent)

0 = No exposure	1 = Low exposure	2 = Medium exposure	3 = High exposure
Walking	<input type="checkbox"/>	Squatting	<input type="checkbox"/>
Balancing	<input type="checkbox"/>	Sitting	<input type="checkbox"/>
Crawling	<input type="checkbox"/>	Lifting	<input type="checkbox"/>
Climbing	<input type="checkbox"/>	Pulling	<input type="checkbox"/>
Kneeling	<input type="checkbox"/>	Pushing	<input type="checkbox"/>
Standing	<input type="checkbox"/>	Carrying	<input type="checkbox"/>
Stooping	<input type="checkbox"/>	Holding	<input type="checkbox"/>
		Use of left hand	<input type="checkbox"/>
		Use of right hand	<input type="checkbox"/>
		Use of both hands	<input type="checkbox"/>
		Feeling	<input type="checkbox"/>
		Handling	<input type="checkbox"/>
		Physical endurance	<input type="checkbox"/>
		Psychological endurance	<input type="checkbox"/>

#### DETAILS OF DISABILITY

On what date did the employee become disabled? (YYYYMMDD)

What was/is the cause?

Is the employee in your opinion totally and permanently disabled and unable to follow his/her normal duties?

Yes

No

If yes, please give full details:

Is/was this attributable to an accident in the course of his/her duties? (Please tick appropriate block)

Yes

No

If yes, please give full details:

Was the accident reported? (Please tick appropriate block)

Yes

No

If yes, please supply claim number:

If no, please specify details why not:







**APPLICATION FOR PERMANENT DISABILITY (CONTINUED)**

**J. DECLARATION BY OCCUPATIONAL HEALTH MEDICAL PRACTITIONER:**

(The medical officer at the medical station of the employer MUST complete this section. A copy of your most recent certificate of fitness MUST be attached.)

Bureau Number:	<input type="text"/>	Date of last examination:	<input type="text"/>	Expiry date:	<input type="text"/>
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Restrictions, if any:	<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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What, in your opinion, has been the underlying cause of this condition?	<input type="text"/>
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<input type="text"/>
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<input type="text"/>
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In your opinion, is there functional impairment due to the disease/illness or medical condition? (Please tick block)	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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If yes, please provide full details:	<input type="text"/>
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<input type="text"/>
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<input type="text"/>
----------------------

<input type="text"/>
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**DETAILS OF OCCUPATIONAL HEALTH MEDICAL PRACTITIONER:**

Title	Initials	Surname
<input type="text"/>	<input type="text"/>	<input type="text"/>

Qualifications:	<input type="text"/>
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Tel No. (Work)	Code	<input type="text"/>	Number	<input type="text"/>
----------------	------	----------------------	--------	----------------------

Fax No.	Code	<input type="text"/>	Number	<input type="text"/>
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Cell No.	<input type="text"/>	Number	<input type="text"/>
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E-Mail	<input type="text"/>
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I declare that to the best of my knowledge, the information in this report is accurate and complete and that I have not withheld any information which could influence a decision on this claim.

Signed on this	<input type="text"/>	Day of	<input type="text"/>	2	0	at	<input type="text"/>
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Signature
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<input type="text"/>
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## GUIDELINE FOR MEDICAL SPECIALIST/PHYSICIAN

These guidelines should be made available to the Specialist/Physician when the assessment team requests more reports.

### 1. THE RULES OF THE FUND

The Rules make provision for the payment of a disability benefit provided that the member can satisfy the Claims Committee that he/she is totally and permanently disabled for his/her own and any other similar occupations in a specific environment.

Total and permanent disability can be defined as the continuous permanent inability of a member, due to an accident, injury, disease or illness to engage in his/her own and any other similar occupations in a specific environment.

### 2. THE FOLLOWING CRITERIA SHOULD BE APPLIED IN ASSESSING PERMANENT DISABILITY

- a) The disability must be total and permanent.
- b) The applicant must be permanently disabled for his/her own and any other similar occupations in a specific environment. (Specific environment = Mining Industry)

### 3. OCCUPATION CATEGORIES

Even though the Rules of the Fund specifically state that a member has to prove permanent disability for his/her own occupation, occupations as such can be divided into five categories irrespective of underground or surface work. This can be useful as the medical officer, in many instances, refers to these occupation categories when making a recommendation regarding permanent disability.

#### 3.1 Non-physical/sedentary work

Exerting up to 4.5kg of force occasionally (activity or condition exists up to a third of the working day) and/or a negligible amount of force frequently (activity or condition exists up to two thirds of the working day) to lift, carry, push, pull or move objects, including the human body. Sedentary work involves sitting most of the time, but may involve walking or standing for brief periods of time. Jobs are sedentary if walking and standing are required only occasionally and all other sedentary criteria are met.

#### 3.2 Light physical work

Exerting up to 9kg of force occasionally; and/or up to 4.5kg of force frequently; and/or negligible amount of force constantly (activity or condition exists two thirds or more of the working day) to move objects. Physical demand requirements are in excess of those for sedentary work. Even though the weight lifted might only be a negligible amount, a job should be rated light work when:

- 3.2.1 It requires walking or standing to a significant degree, or
- 3.2.2 It requires sitting most of the time, but entails pushing/pulling or arm and/or leg controls, or
- 3.2.3 The job requires working at a production rate – entailing the constant pushing and/or pulling of materials even though the weight of the materials is negligible.

**Note:** The constant stress and strain of maintaining a production rate pace, especially in an industrial setting, can be physically demanding of a worker even though the amount of force exerted is negligible.

#### 3.3 Medium physical work

Exerting 9kg to 22kg of force occasionally and/or 4.5kg to 11kg of force constantly to move objects. Physical demand requirements are in excess of those of light work.

#### 3.4 Heavy physical work

Exerting 22.5kg to 45kg of force occasionally, and/or 11kg of force frequently, and/or 4.5kg to 9kg of force constantly to move objects. Physical demand requirements are in excess of those of medium work.

#### 3.5 Very heavy physical work

Exerting in excess of 45kg of force occasionally and/or in excess of 9kg of force constantly to move objects. Physical demand requirements are in excess of those of heavy work.

### 4. ENVIRONMENT

The environment in which the claimant performed his duties is an important aspect in the assessment of his claim for total and permanent disability benefits. Key elements that will be taken into account include the type of environment i.e. a workshop, production area, plant, laboratory, office, shaft, stope, etc. Environmental factors i.e. uneven surfaces, even surfaces, heights, etc. are also taken into consideration.



## GUIDELINE FOR MEDICAL SPECIALIST/PHYSICIAN (CONTINUED)

Please note that the onus is on the claimant to prove the disability, therefore the responsibility for the cost of the consultation and medical reports rests with the claimant.

These guidelines should be made available to the Specialist/Physician when the assessment team requests more reports.

### 5. Information required in Specialist/Physician Report

- 5.1 Specify **current diagnosis**.
- 5.2 Medical history and onset.
- 5.3 Mention all other medical conditions.
- 5.4 Clinical signs and symptoms.
- 5.5 Treatment/surgery received and compliance/results.
- 5.6 Current physical abilities and limitations:
  - 5.6.1 Reflexes
  - 5.6.2 Sensory and motor outfalls
  - 5.6.3 Mobility and transfers
  - 5.6.4 Range of motion
  - 5.6.5 Muscle strength
  - 5.6.6 Other relevant clinical tests
  - 5.6.7 Results of specialist investigations, x-rays, and blood tests confirming the diagnosis.
- 5.7 Cognitive/psychological functioning (if relevant).
- 5.8 Effect of physical limitations on his ability to perform his/her activities of daily living and independence in performing activities such as self care activities, driving and mobility.
- 5.9 Describe the patient's vocational ability regarding his/her **ability to perform his/her own and similar occupations in a specific environment**.
- 5.10 Specify any other secondary problems as a result of current diagnosis such as his state of mind and motivation.
- 5.11 Future treatment suggested and prognosis (has optimum functionality been obtained).



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### K. MEDICAL CERTIFICATE FOR A DISABILITY CLAIM

The specialist, physician or general practitioner (not the mine medical officer) treating the medical condition MUST complete this form in full. The patient must pay any costs incurred.

#### DETAILS OF PATIENT

Title	Initials	Surname
<input type="text"/>	<input type="text"/>	<input type="text"/>
Identity Number		Passport Number
<input type="text"/>		<input type="text"/>

#### DETAILS OF MEDICAL CONDITION

How long have you known the patient professionally?	<input type="text"/>
When were you first consulted about the patient's present medical condition?	<input type="text"/>
In your opinion, what has been the underlying cause of this condition?	<input type="text"/>
<input type="text"/>	
<input type="text"/>	
Please give a full description of the patient's present physical/mental state:	<input type="text"/>
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	
What treatment/surgery is the patient receiving at present and to what degree will further treatment relieve the symptoms?	<input type="text"/>
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	
Has the maximum medical improvement been reached? (Please tick appropriate block)	Yes <input type="checkbox"/> No <input type="checkbox"/>
If no, please give details:	<input type="text"/>
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	
What is the long term prognosis?	<input type="text"/>
<input type="text"/>	
<input type="text"/>	
<input type="text"/>	



## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

### K. MEDICAL CERTIFICATE FOR A DISABILITY CLAIM (CONTINUED)

#### DETAILS OF MEDICAL CONDITION (CONTINUED)

What special investigations were done and what were the results?


Are you considering any further treatment or operations?


What were the results of your clinical evaluation to determine the functional status of the patient (reflexes, muscle strength, range of movement, lung functions, etc.)?


Have you treated the patient for any other physical or mental condition? Yes  No

If yes, please give details:


#### DETAILS OF PATIENT'S DISABILITY

In your opinion, is there functional impairment due to the medical condition? Yes  No

If yes, please give details:


How does this affect the patient's activities with regards to daily living?


## APPLICATION FOR PERMANENT DISABILITY (CONTINUED)

DECLARATION BY DOCTOR:									
Title	Initials	Surname							
<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>							
Qualifications:		<input style="width: 100%;" type="text"/>							
Tel No.	Code	<input style="width: 100%;" type="text"/>	Number	<input style="width: 100%;" type="text"/>					
Fax No.	Code	<input style="width: 100%;" type="text"/>	Number	<input style="width: 100%;" type="text"/>					
Cell No.	<input style="width: 100%;" type="text"/>		Number	<input style="width: 100%;" type="text"/>					
E-Mail	<input style="width: 100%;" type="text"/>								
Signed on this	<input style="width: 20px;" type="text"/>	<input style="width: 20px;" type="text"/>	Day of	<input style="width: 100px;" type="text"/>	<input style="width: 20px;" type="text"/>	<input style="width: 20px;" type="text"/>	<input style="width: 20px;" type="text"/>	at	<input style="width: 100px;" type="text"/>
<p>I declare that to the best of my knowledge, the information in this report is accurate and complete and that I have not withheld any information which could influence a decision on this claim.</p>									
Signature									
<input style="width: 100%; height: 100%;" type="text"/>									







## APPLICATION FOR RETIREMENT BENEFIT (CONTINUED)

Industry Number (Member)

### BANK DETAILS OF MEMBER

(All alterations must be signed by applicant and bank official)

**THIRD PARTY, CREDIT CARD, POST OFFICE AND BOND ACCOUNTS ARE UNACCEPTABLE**

**To be verified by Bank Official as correct and active and belonging to the Applicant.**

Surname	<input type="text"/>
Initials	<input type="text"/>
ID/Passport Number	<input type="text"/>
Name of Bank	<input type="text"/>
Branch Name	<input type="text"/>
Branch Code	<input type="text"/>
Account number	<input type="text"/>
Type of account	<input type="checkbox"/> Savings <input type="checkbox"/> Cheque
Date opened (YYYYMMDD)	<input type="text"/> Y <input type="text"/> Y <input type="text"/> Y <input type="text"/> Y <input type="text"/> M <input type="text"/> M <input type="text"/> D <input type="text"/> D

<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Signature of Account Holder</div> <div style="border: 1px solid black; height: 100px; width: 100%;"></div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Initials and Surname of Bank Official</div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Signature of Bank Official</div> <div style="border: 1px solid black; height: 100px; width: 100%; text-align: center; vertical-align: middle;"> <p>OFFICIAL STAMP OF BANK</p> </div>
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Date (YYYYMMDD)</div> <div style="display: flex; justify-content: space-between;"> <span><input type="text"/> Y</span> <span><input type="text"/> Y</span> <span><input type="text"/> Y</span> <span><input type="text"/> Y</span> <span><input type="text"/> M</span> <span><input type="text"/> M</span> <span><input type="text"/> D</span> <span><input type="text"/> D</span> </div>	

<b>IMPORTANT : DOCUMENTARY REQUIREMENTS CHECKLIST</b>		
1	Copies of your and your spouse's Identity Documents or Passports (only if no identity document exists).	<input type="checkbox"/>
2	Copy of marriage certificate (if applicable).	<input type="checkbox"/>
3	Proof of termination of Employment.	<input type="checkbox"/>
4	Relevant Divorce Order and Divorce Agreement (if applicable).	<input type="checkbox"/>



# APPLICATION FOR RETIREMENT BENEFIT (CONTINUED)

Industry Number

## ACKNOWLEDGMENT : OPTION TO ELECT DISABILITY RETIREMENT BENEFIT

I hereby confirm as follows:

1. I have completed the Fund's application for a disability retirement benefit.
2. I understand that:
  - a. If I leave service on or after my NRA, or claim a benefit after my NRA, I shall no longer have the option in terms of the Fund's Rules to:
    - i) Claim an in-service disability retirement benefit; or
    - ii) Claim a withdrawal benefit; or
    - iii) Transfer my benefit or fund credit to another fund
  - b. If I leave service on or after my NRA, or claim a benefit after my NRA, my only option will be to claim a retirement benefit / disability retirement benefit from the Fund, subject to the terms, conditions, restrictions and options provided for in the Rules;
  - c. In terms of the Fund's Rules read with current legislation and income tax practice, a maximum of one-third of the capital value of my benefit may be commuted for a lump sum. The balance is payable as a monthly pension. This is subject to certain exceptions which may or may not apply to me;
  - d. I may elect to commute less than one-third of the benefit, or even to not commute at all (i.e. to take the entire benefit as a monthly pension);
  - e. The Fund's Rules also provide other options relating to my benefit which have been explained to me;
  - f. The available options are subject to the Rules;
  - g. The Rules do not currently provide for a retiring or retired member to purchase an annuity from a third party with his/her retirement benefit or part thereof;
  - h. It is incumbent on me:
    - i. To ensure that I understand the options available to me and their consequences;
    - ii. To elect options best suited to my needs and if necessary, to obtain advice from a financial adviser or intermediary;
    - iii. To ensure that in completing the form, I elect the options that I intend to elect;
  - i. The Fund is entitled to assume that I understand my options and to give effect thereto;
  - j. Once the Fund gives effect to my options, I cannot revoke or change them. This includes:
    - i. My choice to take a disability retirement benefit (if I am eligible for another benefit);
    - ii. An election to commute less than one-third of my benefit for a lump sum, or to not commute at all (i.e. to take the entire benefit as a monthly pension);
    - iii. Any other options elected, subject to eligibility (including term certain guarantee, spouse's pension, second and third tier options, etc.);
3. I also acknowledge that by signing this document:
  - a. I waive any right to claim that I was not informed of the consequences of my elections;
  - b. I will have no basis to dispute the validity of my elections through the courts, the Pension Funds Adjudicator or any other forum, or to seek an order that the Fund must change any option/s that I elected;
  - c. I understand that my reasons for electing these options or any subsequent change in my financial or personal circumstances do not affect what is stated here.
4. I understand this document and sign it voluntarily and without duress.

Signature

Date (YYYYMMDD)

## APPLICATION FOR RETIREMENT BENEFIT (CONTINUED)

### NOTES ON COMPLETING THE NOMINATION FORM

**Please note the following important information before completing your nomination form:**

1. This nomination only applies to lump sum death benefits payable in terms of the Rules of the Fund. Death benefits are awarded and paid in terms of sect.37C of the Pension Fund Act to dependants, nominees or your Estate.
2. The Pension Funds Act defines a “dependant” as:
  - 2.1. A person to whom the pensioner is legally liable for maintenance; or
  - 2.2. A person who is in fact, in the opinion of the Trustees, dependent on the pensioner for maintenance; or
  - 2.3. The spouse of the pensioner and living together relationships of a permanent nature.
  - 2.4. Biological/legally adopted children of the pensioner including major children; or
  - 2.5. A person to whom the pensioner would have been legally liable for maintenance had he/she not died.
3. It is vital that the Trustees are informed of all persons who fall in the category of “Dependants”. If they do not have this information there could be a considerable delay in determining and validating dependants before benefits can be paid.  
  
You must list all ‘dependants’ in this in this nomination form irrespective of whether they are dependent on you or not. Should you not wish for them to receive in a portion of the benefit simply write 000 % next to such person(s) name(s) and provide motivation to support your wishes.
4. You may also nominate people or organisations to receive a portion of or the entire benefit payable on your death. They are known as ‘nominees’. A nominee is a person who is not a dependant on you and whom you wish to share in the benefit.
5. If you feel that the benefit should be managed or protected on behalf of a beneficiary who is incapable of taking care of his/her own affairs, a beneficiary fund can be created to protect his/her share of the benefit.
6. If you are not survived by dependants and your Estate is insolvent, the Fund will bring your Estate to solvency before making any payment to the nominees, in such instances payment to nominees.
7. Current tax legislation will be applied to and benefits may be subjected to tax, in the hands of the deceased pensioner who provided for a death benefit lump sum.
8. The nomination is made, acknowledging that:
  - 8.1. It is not binding on the Fund;
  - 8.2. It may be changed at any time by the pensioner who provided for the benefit;
  - 8.3. If any dependant or nominee should predecease you, their estate or heirs will not be entitled to claim a benefit, or portion thereof.
9. **PLEASE COMPLETE THIS FORM AND ENSURE THAT THE % OF BENEFIT COLUMN ADDS UP TO 100%.** If required additional pages may be added to the nomination, but must be dated and signed.



## PENSIONER NOMINATION FORM (CONTINUED)

		Industry Number									
1.	Initials and Surname	Date of Birth (YYYYMMDD)	Relationship to Pensioner	Telephone Number	Is this Person Dependant on you?	% of Benefit			Beneficiary Fund Required		
					Yes	No				Yes	No

### 1. DEPENDANTS & NOMINEES

### 2. DETAILS OF ALTERNATIVE BENEFICIARIES

In the event that the abovementioned person(s) pre-decease you please provide alternative persons/institutions that must be considered to share in your death benefit.

1.	Initials and Surname	Date of Birth (YYYYMMDD)	Relationship to Pensioner	Telephone Number	Is this Person Dependant on you?	% of Benefit			Beneficiary Fund Required	
					Yes	No			Yes	No

Signature of Pensioner

Date (YYYYMMDD)

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# APPLICATION FOR RETIREMENT BENEFIT (CONTINUED)

## PENSIONER NOMINATION FORM (CONTINUED)

Industry Number (Pensioner)

□ □ □ □ □ □ □ □ □ □

**Comments/Motivation (Continued):** Please add additional page, ensure it is dated and signed.

[Large empty grid area for comments]

I request that the Trustees pay the amount which may become payable from the Fund as a result of my death, to the persons mentioned above subject to the provisions of the rules of the Fund and the provisions of Section 37C of the Pension Funds Act. I also realise that in certain circumstances the Trustees of the Fund will have the discretion to ignore my request for the sake of equity and reasonableness in the disposal of such benefit. This nomination revokes and replaces all previous nominations made by me.

***Nominations should be reviewed regularly!***

Signature of Pensioner

[Large empty box for signature]

Date (YYYYMMDD)

□ □ □ □ □ □ □ □ □ □

Please send your application form and required documents to :  
Sentinel Retirement Fund,  
Post : P O Box 61172, Marshalltown, 2107, Fax : (011) 481-8111, E-mail : info@sentinel.za.com